

## For the Love of Racing Global 4km Time Trial Series - Results Race # 1 - 30 May 2020

First Name	Last Name	Time	Pos	Gen. Pos	Age	Gender	Running Club	City	Country/Region
Nicolas	Anema	12.5	1	1	17	Male	K-Way VOB	Cape Town	Western Cape
Elyas	Ayyoub	12.5	1	1	17	Male	K-Way VOB	Cape Town	Western Cape
Luke	Davis	13.33	2	2	15	Male	Atlantic Athletic Club	Cape Town	Western Cape
Tyron	Byman	13.54	3	3	18	Male	Eerste river athletic club	Cape town	Western Cape
Simon	Bean	14.02	4	4	17	Male	N/A	Cape Town	Western Cape
Cole	Abrahams	14.32	5	5	17	Male	Spartan Harriers	Cape Town	Western Cape
Ayron	October	14.32	5	5	20	Male	Eersterivier	Cape Town	Western Cape
Tyron	Gordon	14.34	6	6	17	Male	Eersterivier	Cape Town	Western Cape
Oscar	Bestenbier	14.58	7	7	23	Male	Nedbank	Cape town	Western Cape
Thembe	Lihle	15.21	8	8	16	Male	K-Way VOB	Cape Town	Western Cape
Charlton	Engelbrecht	15.24	9	9		Male	Eersterivier club	cape town	Western Cape
Thomas	Charles	15.28	10	10	16	Male	Southern Striders	Cape Town	Western Cape
Ben	Derman	15.48	11	11	16	Male	K-Way VOB	Cape Town	Western Cape
JoJo	thomas	15.54	11	1	51	female	K-Way VOB	cape town	Western Cape
Kathleen	Shuttleworth	16.06	12	2	45	Female	K-Way VOB	Cape Town	Western Cape
Kia	Gibbs	17.09	13	3	18	Female	Tuks	Cape Town	Western Cape
Mandy	Jacobs	17.13	14	4	31	Female	Atlantic Athletics Club	Brackenfell	Western Cape
Icarien	van Deventer	17.18	15	5	24	Female	Nedbank WP	Cape Town	Western Cape
Dee	Smale	17.35	16	6	60	Female	K-Way VOB	Cape Town	Western Cape
Anna	Backeberg	17.46	17	7	17	Female	K-Way VOB	Cape Town	Western Cape
Julia	Marx	18.18	18	8	18	female	K-Way VOB	Cape Town	Western Cape
Peter*	Schwind	18.24	19	12	17	Male		Freiburg	Germany
Caity	Ocuinneagain	18.36	20	9	16	Female	K-Way VOB	Cape Town	Western Cape
Rachel	Charles	18.41	21	10	13	Female	Southern striders	Cape Town	Western Cape
Gerda	van Schalkwyk	19.07	22	11	35	female	ATC Running	Cape Town	Western Cape
Linda	Du Bruyn	20.35	23	12	56	female	Tygerberg Athletic Club	Cape Town	Western Cape
Joleen	Pollock	21.07	24	13	28	Female		Harrismith	Free State
Keith	Robain	21.18	25	13	36	Male		Stellenbosch	Western Cape
Olivia	de Ruiters	21.30	26	14		Female	Eersteriver A.C	Cape Town	Western Cape
Emogan	Olckers	21.31	27	14		Male	Eersteriver A.C	Cape Town	Western Cape

\*5km in 23:04

Petroise	Van Driessel	22.16	<b>28</b>	<b>15</b>	47	Female	None	Cape Town	Western Cape
Nick	Penrose	22.24	<b>29</b>	<b>15</b>	45	Male	AAC	Cape Town	Western Cape
Elna	Human	23.03	<b>30</b>	<b>16</b>	27	Female	Harrismith Marathon Club	Harrismith	Free State
Virmz	Largo	23.11	<b>31</b>	<b>16</b>		Male		Cape Town	Western Cape
Linda	Van Graan	23.25	<b>32</b>	<b>17</b>	50	Female	Harrismith marathon club	HARRISMITH	Free State
Kelly	Cameron	23.25	<b>33</b>	<b>18</b>		Female	Eersteriver A.C	Cape Town	Western Cape
Karen	Little	23.36	<b>34</b>	<b>19</b>	61	Female	K-Way VOB	Cape Town	Western Cape
Ethel	Blood	23.44	<b>35</b>	<b>17</b>		Male	Eersteriver A.C	Cape Town	Western Cape
Tenicka	October	23.44	<b>35</b>	<b>20</b>	16	Female	Eersterivier	Cape Town	Western Cape
Hilary	Rhode	24.06	<b>36</b>	<b>21</b>	63	Female	Edgemead	Milnerton	Western Cape
Naasera	Sheik	31.23	<b>37</b>	<b>22</b>	41	Female	Harrismith Marathon Club	Harrismith	Free State
Ruth	Cameron	31.38	<b>38</b>	<b>23</b>	65	Female	Spartan Harriers	Cape Town	Western Cape
Farnaaz	Kader	43.13	<b>39</b>	<b>24</b>	21	Female	None	Harrismith	Free State
Gavin	ERASMUS	52.32	<b>40</b>	<b>18</b>	58	Male	DURBANVILLE	Cape Town	Western Cape

WALKER

Delano	Pieterse	51.54	Did 10km		32	Male	Vitality running club	Rustenburg	Gauteng
Wendy	Daniels	02:02	Did 15km		47	Female	Tygerberg	Cape Town	Western Cape

Brent	John	DNR			50	Male		Hilton	
Stuart	Heath	DNR			17	Male	SACS	Cape Town	
Amanda	Mclean	DNR			47	Female	Carbineers WP	Cape Town	
Jeandre	September	DNR			23	M	UWC	Cape Town	
Liezl	Lewis	DNR			44	Female	Carbineers WP	Cape Town	
Kobie	Leonard	DNR			51	Female	N/A	Harrismith	
Gavin	Burgess	DNR			63	Male	Bonteheuwel AC	Cape Town	
Audrey	Kayster	DNR			42	Female	Brackenfell	Kuilsrivier, Cape Town	
A-J	Spieringshoek	DNR			33	Male	Carbineers WP	Cape Town	
Andre	Afrika	DNR			26	Male	Eerste River Athletic Club	Cape Town	
Greg	MacDonald	DNR			20	Male	K-Way VOB	Cape Town	
Ingrid	Swartz	DNR			54	Female	Edgemead Runners	Milnerton	
Merlin	Klaaste	DNR			27	Male	UWC	Beaufort West	
Wendy	Jansen	DNR			52	Female	Edgemead runners	Milnerton cape town	
Elronique	Wilson	DNR			15	Female	Eersterivier	Cape Town	

Tammy	Sirilli	DNR	43 Female		London
Zane	Wilson	DNR	12 Male	Eersteriver A.C	Cape town
miguel	cooper	DNR	20 male	nedbank	bellville